



19 - 25
January
2026

NAOUSA FOOT AND ANKLE SURGERY from EVIDENCE to EXCELLENCE

Organized by



ORTHOPAEDIC DEPARTMENT
NAOUSA'S GENERAL HOSPITAL

Under the Auspices



ORTHOPAEDIC AND TRAUMA ASSOCIATION
OF MACEDONIA AND THRACE



HELLENIC ASSOCIATION OF
ORTHOPAEDIC SURGERY AND TRAUMATOLOGY

PROGRAM

4 DAYS live Surgery

3 DAYS Workshop in Sawbones

[LIMITED POSITIONS]
orthonaousas@gmail.com

SECRETARIAT

 Premium
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Introducing & Supporting
INNOVATION in
Healthcare

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SCIENTIFIC PROGRAM

Monday 19 January 2026

Course only for trainees

Naousa's General Hospital

07:30 – 08:00

Welcome coffee

08:00 – 15:00

LIVE Surgery – LIVE Ultrasound Blocks

Instructors: **O. Papazachariadis, I. Vasiadis,
A. Eleftheropoulos**

Flat Foot Deformity – Calcaneal Osteotomy

Hallux Valgus – MIS reconstruction of the forefoot

Subtalar Arthritis – Subtalar Fusion (Arthroscopic)

Tibio Talar Calcaneal Fusion (Arthroscopic)

Achilles Tendinosis – Kelly and Keck Osteotomy

Hallux Rigidus – MTP Fusion

Mallet Toe – Tendon Release

NAOUSA FOOT AND ANKLE SURGERY from EVIDENCE to EXCELLENCE

4 DAYS live Surgery

3 DAYS Workshop in Sawbones

SCIENTIFIC PROGRAM

Tuesday 20 January 2026

Course only for trainees

Naousa's General Hospital

09:30 -10:00

Welcome coffee

10:00 - 14:00

Clinics – Discussion of interesting Cases

I. Vasiadis, A. Eleftheropoulos

14:00 - 15:00

Lunch break

15:00 - 19:00

LIVE Surgery – LIVE Ultrasound Blocks

Instructors: **O. Papazachariadis, I. Vasiadis,**

A. Eleftheropoulos

Hallux Valgus - MIS reconstruction of the forefoot

Hindfoot Arthritis - Tibio Talar Calcaneal Fusion
(Arthroscopic)

Hallux Valgus - MIS reconstruction of the forefoot

SCIENTIFIC PROGRAM

Wednesday, 21 January 2026

Course only for trainees

ERIA Centre | Naousa's General Hospital

07:30 – 08:00

Welcome coffee

08:00 – 14:30

LIVE Surgery – LIVE Ultrasound Blocks

Instructors: **O. Papazachariadis, D. Hatziemmanuil, I. Vasiadis, C. Vassos, A. Eleftheropoulos**

Halux Valgus – MIS reconstruction of the forefoot
3 Cases

Anterior Ankle Impingement – Ankle Arthroscopy

Ankle Arthritis – Ankle Fusion (Arthroscopic)

Acquired Flat Foot Deformity – Calcaneal Osteotomy

14:30 – 15:00

Lunch break

15:00 – 17:00

Hands-on Sawbones – MIS Technique for Hallux Valgus

(Powered by Artion and Orthopaedics for Dummies)

Instructors: **I. Petrakis, I. Vasiadis, C. Vassos, A. Eleftheropoulos**

NAOUSA FOOT AND ANKLE SURGERY from EVIDENCE to EXCELLENCE

4 DAYS live Surgery

3 DAYS Workshop in Sawbones

SCIENTIFIC PROGRAM

Thursday, 22 January 2026

Course only for trainees

ERIA Centre | Naousa's General Hospital

07:30 – 08:00

Welcome coffee

08:00 – 14:30

LIVE Surgery – LIVE Ultrasound Blocks

Instructors: **O. Papazachariadis, D. Hatziemmanuil, I. Vasiadis, C. Vassos, A. Eleftheropoulos**

Hallux Valgus – MIS reconstruction of the forefoot
2 Cases

Ankle Arthritis – Ankle Fusion (Arthroscopic)

Subtalar Arthritis – Subtalar Fusion (Arthroscopic)

Flat Foot Deformity – Calcaneal Osteotomy

Achilles Tendinosis – Kelly and Keck Osteotomy (MIS)

14:30 – 15:00

Lunch break

15:00 – 17:00

Hands-on Sawbones – EX FIX – Tibia Ankle Foot

(Powered by Osteocell and Orthopaedics for Dummies)

Hands-on Sawbones – Foot and Ankle Osteotomies

(Powered by C. Papaellinas – Arthrex and Orthopaedics for Dummies)

Instructors: **L. Ikonomou, I. Petrakis, I. Vasiadis, C. Vassos, N. Patsiogiannis, A. Eleftheropoulos**

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Koruşaçay 33, Beşiktaş/İstanbul | T: 2310 226550
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SCIENTIFIC PROGRAM

Friday, 23 January 2024

Course only for trainees

ERIA Centre | Naousa's General Hospital

09:30 – 10:00

Welcome coffee

10:00 – 14:00

Discussion and Presentations

Moderators: **M. Tsatlidou, H. Aslanidis, A. Eleftheropoulos**

Progressive Collapsing Foot Deformity - I need to believe

M. Tsatlidou

Foot Gait Biomechanics & Changes in Common Foot Pathologies

At. Papachristou

Cases Discussion and Return to Basics

H. Aslanidis

14:00 – 15:00

Lunch break

15:00 – 16:30

Hands-on Sawbones – MTP Fusion –

Lapidus procedure

(Powered by DMPS Ltd and Orthopaedics for Dummies)

Instructors: **I. Giannaros, I. Petrakis, C. Vassos, D. Hatziemmanuil, A. Eleftheropoulos**

NAOUSA FOOT AND ANKLE SURGERY from EVIDENCE to EXCELLENCE

4 DAYS live Surgery

3 DAYS Workshop in Sawbones

SCIENTIFIC PROGRAM

Saturday, 24 January 2026

ERIA Centre - Naousa

08:45 – 09:00

Welcome Coffee

09:00 - 10:00

Opening Ceremony

“General Hospital of Naousa, update” – **K. Kotridis**

10:00 – 11:15

Ankle Fractures and beyond

Moderators: **S. Dimitriadis, Ch. Kalitsis**

From Ankle Fracture to Pilon Fracture

L. Oikonomou vs N. Patsiogiannis

Case Presentation – Vote for your favourite treatment

Fragility Fractures of the Ankle

E. Iliopoulos

Tell me what to do. Interesting Cases for discussion

R. Tsaknis

Discussion

11:15 – 11:30

Coffee Break

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SCIENTIFIC PROGRAM

Saturday, 24 January 2026

ERIA Centre - Naousa

11:30 – 12:00

Special Techniques for Special Cases

Moderators: **K. Chitas, A. Gantsos**

Distal Tibial Fractures. Me and my nail
M. Savvidis

TTC Fusion. How convenient can it be
I. Vasiadis

Discussion

12:00 – 12:30

Calcaneal and Talar fractures and lesions

Moderators: **Z. Zacharopoulos, K. Gkoumousian**

Os Calcis #. The Sinus Tarsi approach.
My learning curve
I. Papachristos

Case presentation - Vote for your favourite treatment

Discussion

12:30 – 12:45

Coffee Break

SCIENTIFIC PROGRAM

Saturday, 24 January 2026

ERIA Centre - Naousa

12:45 – 13:45

Foot and Ankle problems in kids

Moderators: **N. Tsiamis, D. Giannekas**

Club Foot Deformity. Dr Ponseti's approach

Th. Goultidis

Approach, treatment and sequelae of foot deformities
from the paediatric orthopaedic point of view

A. Christou

Leaving the door open to Adult Foot and Ankle
Surgeons

Ch. Konstantoulakis

Discussion

13:45 – 15:00

Lunch Break

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SCIENTIFIC PROGRAM

Saturday, 24 January 2026

ERIA Centre - Naousa

15:00 - 16:30

Sports Injuries

Moderators: **P. Kontovazenitis, E. Papamichail**

Lateral Ankle Instability

E. Evangelou

Plantar Fasciitis from A to Z – From heel pads to knee surgery

A. Konstantinidis

Chondral Lesions of the Talus. From Diagnosis to Treatment

V. Chouliaras

Role of 3D Printing when repairing complex Talar Osteochondral Lesions

Ch. Vasos

OCL of the Talus – Beyond the common – A new prospect of treatment

D. Georgianos

Discussion

16:30 - 16:45

Coffee Break

SCIENTIFIC PROGRAM

Saturday, 24 January 2026

ERIA Centre - Naousa

16:45 – 18:00

Hind Foot Deformities – Arthritis

Moderators: **I. Vasiadis, P. Enfientzoglou**

PCFD – New Classification – Same Deformity – More Confusion

D. Hatziemanouil

MIS Calcaneus Osteotomy – Pitfalls evidence and Challenging Cases

I. Giannakopoulos

Periarticular osteotomies to salvage the arthritic ankle joint

N. Gougoulias

Principles of Cavo Varus Correction.

E. Stamatis

Discussion

20:00

Gala Dinner at ERIA

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SCIENTIFIC PROGRAM

Sunday, 25 January 2026

ERIA Centre - Naousa

09:45 – 10:00

Good morning Coffee

10:00 – 11:30

Forefoot Reconstruction

Moderators: **A. Eleftheropoulos, D. Hatziemmanuil**

Learning Curve in MIS Hallux Valgus Surgery –
Techniques

I. Petrakis

Hallux Rigidus – Beyond Cheilectomy and Fusion

P. Symeonidis

Examine the panel. Interesting Cases presented by
juniors

Discussion

12:00

Closing Remarks

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ACKNOWLEDGEMENTS

The President and the Organizing Committee of “NAOUSA FOOT AND ANKLE SURGERY - from EVIDENCE to EXCELLENCE” would like to thank the following companies for their kind contribution to the Course.



Smith+Nephew

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GENERAL INFORMATION

Dates

19 - 25 January 2026

Venue

ERIA Centre

Naousa's General Hospital

Certificate of Attendance

All participants of the Course will be granted a Certificate of Participation. In order to receive the Certificate, it is required to attend 60% of the total time of the scientific program, according to the EACCME. The Certificates of Attendance will be sent by email, after the evaluation form of the conference is first submitted to the Congress Secretariat.

Organization



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Course Secretariat



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